Administrative Regulation Control Sheet

<table>
<thead>
<tr>
<th>AR Number:</th>
<th>AR 626</th>
</tr>
</thead>
<tbody>
<tr>
<td>AR Title:</td>
<td>Medical Diets</td>
</tr>
</tbody>
</table>

AR Revision History

<table>
<thead>
<tr>
<th>Revision Details</th>
<th>Effective Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>This AR was reviewed by the Subject Matter Expert and it was determined that no changes are required as of this date.</td>
<td>10/20/14</td>
</tr>
<tr>
<td>No Additional revisions beyond this line.</td>
<td>___</td>
</tr>
</tbody>
</table>

Director: [Signature]  
Date: 10/20/14
NEVADA DEPARTMENT OF CORRECTIONS
ADMINISTRATIVE REGULATION
626

MEDICAL DIETS

Supersedes: AR 626 (Temporary, 11/25/10)
Effective date: 04/08/11

AUTHORITY: NRS 209.131; NRS 209.381

RESPONSIBILITY

Medical Division staff has the responsibility to have knowledge of and comply with this procedure.

626.01 MEDICAL DIETS

1. Medical diets with proven efficacy in treating a serious medical condition are provided to meet specific requirements related to the clinical condition.

2. Medical diets are recommended by the practitioners (physicians, physician assistants or advance practitioners of nursing) and approved by the medical director/designee based on medical evidence supporting the necessity of the diet in treating a serious medical condition.

626.02 COMPLIANCE WITH MEDICAL DIETS

1. When a medical diet is prescribed for an inmate, it is anticipated that the inmate will comply with the diet prescription.

2. Compliance implies the inmate will report for the medical diet in the proper place and time and consume only the food permitted on the diet. Additional food may be consumed, if a part of the diet.

3. Non-compliance will be deemed to occur when:

   A. The inmate misses three (3) medical diets in the same week (unless due to an illness or other official extenuating circumstances);

   B. Eats off the regular line (once);

   C. Consumes foods not on the diet (from any source including the canteen); or
D. Distributes his medical diet to others (once).

4. Non-compliance will be documented in the medical record after, either, visual observations by medical staff, or upon receipt of a written report from culinary and/or custody staff.

5. Inmates non-compliant with a prescribed medical diet will be offered counseling by the medical staff regarding the reason for the diet.

6. Those refusing to comply will be removed from the medical diet by a medical practitioner.

7. Inmates no longer receiving a medical diet due to non-compliance, may request to be seen to discuss the diet and have the diet reinstated.

**APPLICABILITY**

1. This regulation requires a medical directive regarding medical diet for each institution.

2. This regulation requires an audit.

---

R. Bruce Bannister, D.O., Medical Director

3/23/11

Date

James G. Cox, Director

4/5/11

Date